

December 18, 2003
12:00 p.m.

Present: Myrna O'Dell, Lori Johnson, Dawn Shover, Molly A Petersen, Jacqui Garcia, Jere Ann Nelson, Prudy Hulman, Vicki Schiller Long, Lynn Jones, Beth Campbell, Joy Short, Joan Franke, Tina West, Christi Moyer, Lisa Jackson, Barb Smith, Wanda Morgan, Bonnie Hoge, Pam Spore, and Linda Peterson.

Guest speakers: Toblynne Allison of APS Healthcare.

November minutes were reviewed and approved.

No Treasurer's report done today.

Prudy opened the meeting with Week Before Christmas Skit from Marketing.

Gubernatorial forum motioned and approved.

Subcommittee reports were presented:

Recognition – had not met yet.

Training – The training subcommittee will concentrate on partnering with LaDonna Grotbo of the Department of Administration's Wellness Program to offer free seminars of interest to state employees. Our goal is to offer one seminar each month, depending on constraints and schedules of those involved.

We will offer a free fitness/nutrition session on January 15, 2004 with Zoe King, fitness buff who was recently featured in an IR article on ski conditioning. We will also put together a booklet of light recipes, or "traditional" recipes that have been lightened up. These will be offered, at no charge, to participants in the January 15 seminar. We encourage ICCW members to email recipes of this type to JereAnn Nelson, who will put the booklet together and arrange for copies to be made.

We will measure our success by providing attendees a simple survey form when they attend sessions with specific input as well as a general comment section about what types of offerings they'd like to see in the future.

We don't foresee needing any budget, or at most, a minimal one.

Measures – Beth Campbell

Get stats published and out to the Governor as well as Department Heads

Want to meet with Linda Davis on how to enhance the information

Get published on our web page

Marketing – still researching

Lori Johnson passed on the ICCW photo board to Christi Moyer for display at the Capitol.

The next meeting is scheduled for January 15, 2004. January's meeting will be at the Bagel Company on Main Street/Last chance.

Adjourn